Amendments t the Claims:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

- 1. (Currently Amended) An optical apparatus comprising, a frequency stabilised linear HeNe gas laser having an Ne content of an Ne²⁰ isotope and an Ne²² isotope in substantially equal proportions, the apparatus in use having optical feedback toward the laser causing, at least 0.1% of the light output of the laser to be returned toward the laser a frequency stabilized linear HeNe gas laser having a resonant cavity, and optical elements, wherein the resonant cavity is filled with a gas including an He content and an Ne content, the Ne content comprising an Ne²⁰ isotope and an Ne²² isotope in substantially equal proportions and wherein the optical elements during operation of the optical apparatus cause at least 0.1% of the light output of the laser to be returned towards the laser.
 - 2. (Canceled)
 - 3. (Currently Amended) An interferometric displacement determination device emprising a frequency stabilised linear HeNe gas laser having an Ne content of an Ne²⁰-isotope and an Ne²²-isotope in substantially equal proportions, the apparatus in use having optical feedback toward the laser causing, at least at intervals, at least 0.1% of the light output of the laser to be returned toward the laser, the device being any one of a single beam, a plane mirror, a long range, or an optical fibre type having an optical apparatus comprising, a frequency stabilized linear HeNe gas laser having a resonant cavity, and optical elements, wherein the resonant cavity is filled with a gas including an He content and an Ne content, the Ne content comprising an Ne²⁰ isotope and an Ne²² isotope in substantially equal proportions and wherein the optical elements during operation of the optical apparatus cause at least 0.1% of the light output of the laser to be returned towards the laser, the device being any one of a single beam, a plane mirror, a long range, or an optical fibre type.



- 4. (Currently Amended) An interferometric displacement determination device as claimed in claim 3 wherein the Ne²⁰ and Ne²² isotope content is in the ratio of <u>from</u> about 60:40 to about 40:60 respectively.
- 5. (Currently Amended) An interferometric displacement determination device as claimed in claim 3 wherein the HeNe gas ratio is <u>from</u> about 80:20 to about 90:10 respectively.
- 6. (Currently Amended) An optical apparatus or interferometric displacement determination device as claimed in claim 1 wherein the laser achieves a frequency stabiliszation below 1×10^{-7} (Frequency noise/Absolute frequency) and the optical feedback is in the range of 0.1% to 10% of the light output of the laser.
- 7. (Currently Amended) An optical apparatus or interferometric displacementdetermination device as claimed in claim 1 wherein the apparatus or the device includes an optical fibre element.
- 8. (Currently Amended) An optical apparatus or interferometric displacement determination device as claimed in claim 6 wherein the method of frequency stabiliszation employed is modal control.
- 9. (Currently Amended) An optical apparatus or interferometric displacementdetermination device as claimed in claim 78 wherein the modal control is control of the ratio of the intensities of two laser modes.
- 10. (New) An interferometric displacement determination device having an optical apparatus comprising, a frequency stabilized linear HeNe gas laser having a resonant cavity, and optical elements, wherein the resonant cavity is filled with a gas including an He content and an Ne content, the Ne content comprising an Ne²⁰ isotope and an Ne²² isotope in substantially equal proportions and wherein the optical elements during operation of the



optical apparatus cause at least 0.1% of the light output of the laser to be returned towards the laser.

- 11. (New) A polarization measurement device having an optical apparatus comprising, a frequency stabilized linear HeNe gas laser having a resonant cavity, and optical elements, wherein the resonant cavity is filled with a gas including an He content and an Ne content, the Ne content comprising an Ne²⁰ isotope and an Ne²² isotope in substantially equal proportions and wherein the optical elements during operation of the optical apparatus cause at least 0.1% of the light output of the laser to be returned towards the laser.
- 12. (New) A spectroscopic analysis apparatus having an optical apparatus comprising, a frequency stabilized linear HeNe gas laser having a resonant cavity, and optical elements, wherein the resonant cavity is filled with a gas including an He content and an Ne content, the Ne content comprising an Ne²⁰ isotope and an Ne²² isotope in substantially equal proportions and wherein the optical elements during operation of the optical apparatus cause at least 0.1% of the light output of the laser to be returned towards the laser.
- (New) A heterodyne frequency measurement device having an optical apparatus comprising, a frequency stabilized linear HeNe gas laser having a resonant cavity, and optical elements, wherein the resonant cavity is filled with a gas including an He content and an Ne content, the Ne content comprising an Ne²⁰ isotope and an Ne²² isotope in substantially equal proportions and wherein the optical elements during operation of the optical apparatus cause at least 0.1% of the light output of the laser to be returned towards the laser.

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